

CONSCIOUS INNER WORK ARC SCHEDULE

(tentative)

- Week 1** Where I Am
- Week 2** The Vision I'm Creating *Where I Want To Go*
- Week 3** Identifying & Dissolving Limiting Beliefs
- Week 4**
- Week 5** Consciously Choosing New Beliefs
- Week 6** Habits & Values
- Week 7** Action & Embodiment
- Week 8**
- Week 9**
- Week 10** Expanding My Creation
- Week 11**
- Week 12** Acknowledgement & Celebration

**Weeks with no Inner Work posted are continuations of the previous.*